

**“Change sings where? There! Inside me. Because I’m the change I want to see.”**

**Amanda Gorman – Change Sings**

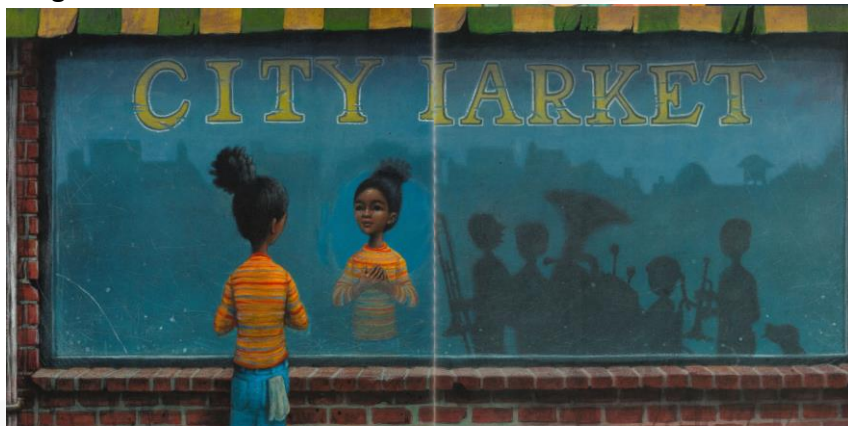
### Dear Parents and Carers

Happy New Year to you all! It has been a joy to welcome children and families back to St Peter’s after the Christmas holidays – I hope that you have all enjoyed a wonderful festive break. It’s incredible to think that we are already into the Spring Term and we are very much looking forward to all of the exciting things that we have coming up. Already this week, Year 6 have opened their doors to parents for the first share session of the term. These are taking place every Thursday – be sure to check the dates below for your diary.

Over the last few years, we have been pleased to share with parents our approaches for managing behaviour and our relentless focus on capturing the positive in order to set high expectations for excellence in all that we do. As we know, the New Year is often a time associated with new beginnings, setting goals and being the best that we can be. This week, you may have heard that we have re-launched our high expectations for behaviour that we have always had here at St Peter’s. Our school council have led on this by creating the most excellent film, featuring children across the school. We are incredibly proud of their hard work on this, and we look forward to continuing to work alongside our school council on further projects throughout the year. I hope that all parents will support us in creating the optimum environment in which children can learn, play and thrive together. We have had a wonderful start to the new term and it has been a real joy to be back.



You may know that the beautiful text ‘Change Sings’ by Amanda Gorman is incredibly important to us all at St Peter’s as we used this to help us re-navigate our way back together collectively following our Covid closures. Our first celebration worship of 2023 gave us the opportunity to celebrate a few of the excellent learners across the school this year, and we revisited this special book today as we celebrated all of the excellent behaviour that ‘sings’ across our school.



Change sings where? There! Inside me.

Because I'm the change I want to see.



This term, as part of our desire to recognise, and celebrate, excellent St Peter's citizenship, we are adding an additional reward to our praise system by launching a special Friday event: **Books and Biscuits with Mrs Battista!** Each week, one child from every class across the school will be chosen to join with me, in my office, for a storytime and a biscuit! A big thank you to Bella, in year 6, for designing the invitations to these sessions. I am really looking forward to this part of my week and can't wait to see who will be joining me next Friday!



With best wishes for the term ahead,

*Catrin Battista*

### Zones of Regulation

At St Peter's Primary School, we recognise the importance of promoting positive mental health and emotional wellbeing to our students and their families. We want to create an open culture around the discussion of wellbeing and to empower our children be able to regulate their emotions. This term, we are very excited to launch the internationally renowned Zones of Regulation emotional literacy programme across the whole school. The programme aims to teach our pupils to identify emotions in themselves and others as well as provide them with a bank of strategies to help regulate their emotions and improve their wellbeing. It also supports children to problem solve and increase emotional resilience. As part of the programme, emotions are explored and categorised into 4 colour zones to allow for a shared understanding and language. Here you can see an example:

## The ZONES of Regulation

<b>Blue Zone</b> Sad Bored Tired Sick	<b>Green Zone</b> Happy Focused Calm Proud	<b>Yellow Zone</b> Worried Frustrated Silly Excited	<b>Red Zone</b> overjoyed/Elated Panicked Angry Terrified

St Peter's



Church of England  
Primary School

# Start of Term 3 Updates

## 6<sup>th</sup> January 2023

We shall be running some parent information sessions later in the term to explain the Zones of Regulation programme in more detail, how it is being taught and used at St Peter's and how it can also be an effective tool at home. **Sessions will be in the Pier Hall on Tuesday 31<sup>st</sup> January at 2.00pm and 6.00pm**

If you would like to come along to one of these sessions, please sign up using the following link:

[Parent Information Session: Zones of Regulation](#)

We look forward to seeing lots of you there!

### Travel to School and Parking

Thank you to everyone who completed our consultation survey on travel to school and parking. The working party will be meeting on **Wednesday 25<sup>th</sup> January at 7pm in the staffroom**. We are currently seeking solutions to the ongoing challenges that travel to school causes for families, school and local residents, and are currently in talks with the local council and other community members so we can work together on this. Everyone is welcome at this meeting so please come along if you can.

### Book Fair

We are delighted to share that our travelling book fair is returning this term and our pupil librarian team will be sending out further information about this in the next couple of weeks. The fairs will take place in the Pier Hall on:

Monday 6<sup>th</sup> February 3.05 -3.45pm

Tuesday 7<sup>th</sup> February 3.05 - 3.45pm

### PSA

Following the success of the Christmas fair, we are looking forward to lots more PSA events in the coming terms. As always, the PSA are seeking new members of our parent community to support in the organisation and running of events so please do sign up to join if you can. You can register your interest in supporting the PSA by adding your details to this form:

[PSA ST PETER'S](#)



### PSA ANNUAL GENERAL MEETING

The PSA AGM is taking place this term and, in a school community with over 1000 parents/carers, it would be wonderful to see more than a handful of people joining us for this.

**Date: Wednesday 18<sup>th</sup> January**

**Time: 7.30pm - 8.30pm**

**Venue: St Peter's teaching school room** (outdoor wooden building) with refreshments OR  
join online: [CLICK HERE TO JOIN PSA AGM](#)

### PSA Events & Fundraisers (Terms 3 & 4)

Thursday March 2<sup>nd</sup>: Book at Bedtime (6 – 7pm)

Friday 19<sup>th</sup> March: Mothers' Day Sale

Thursday 23<sup>rd</sup> March: Easter Disco

Thursday 30<sup>th</sup> March: Spring Fair (3.30 - 4.30pm) Year 6 Enterprise

Details of all events will follow in due course

### PSA CAKE SALES

This term sees the return of our popular after school cake sales. Please see below for details of the year group running the sale, and the dates:

Thursday 2<sup>nd</sup> February: Year 5

Thursday 9<sup>th</sup> March: Year 4

Thursday 18<sup>th</sup> May: Year 3

Thursday 15<sup>th</sup> June: Year 1

Cakes for the summer fair: Reception

### Share Sessions

**This term's share sessions will be on a THURSDAY.**

Date	5.1.23	12.1.23	19.1.23	26.1.23	2.2.23	9.2.23
Year group	Year 6	Year 5	Year 4	Year 3	Year 2	Year 1