



Wellbeing Newsletter 24-25 Term 1

Welcome to our St Peter's CE Primary School Wellbeing Newsletter

We have had a busy start to the year. Please refer to the content specifying everything included in this term's newsletter.

As always, if there is anything that you would like to talk through with the Pastoral Team, please contact us directly on:

PastoralSupportTeam@spps.school.uk or call 01275 843 142 and ask to speak to a member of the team.

Please be assured that any information shared with us will be dealt with sensitively.



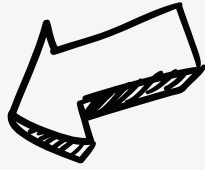
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SEND Links

A short course to quickly learn the basics of dyslexia

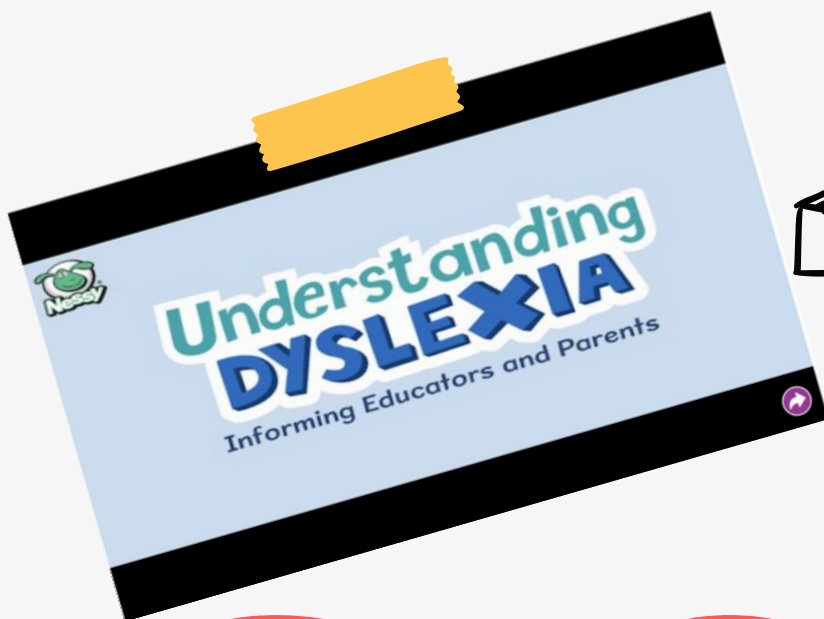


OPEN

**DYSLEXIA
AWARENESS**

DYSLEXIA AWARENESS MONTH

**DYSLEXIA
AWARENESS**



A short course to learn basics of identifying Dyslexia



OPEN



Free event for parent carers and professionals across North Somerset!



A Day of SEND



23rd October 2024. 9am-8pm. Priory Community School, BS22 6BP

- **This is the second & largest SEND* Event of its kind that we have held in North Somerset!**
- **A fantastic opportunity to gain access to support!**

*Special Educational Needs & Disabilities

What makes this day different from our other events?

What can you expect to see at the event?

- **Keynote speeches from the well known Carrie Grant MBE and the fantastic Andrew Lewis MBE, Paralympic, World & European Triathlon Champion.**
- **A stage performance from the phenomenal Misfits plus a Q&A session 🎤**
- **Over 100 exhibitors from organisations, charities & services that offer SEND support. Marketplace opens at 10am to start browsing those stalls!**
- **Informative training sessions**
- **Drop in clinics with professionals to get specific 1-1 support such as Financial Planning, DLA/PIP and more...**

Drop in anytime, as many times as you want, so you don't have to miss a thing!

Book in advance for quicker entry on the day

Travel Section providing information on accessible transport in our local area & beyond...



Have a question around education? Speak to the SEN team from North Somerset Council, or SEND & YOU!

Further details will be shared on our social media, @NSPCWT

The club is aimed at families with primary school children and siblings are more than welcome to join us too. Please note that all children must be accompanied by an adult.



Portishead Youth Centre

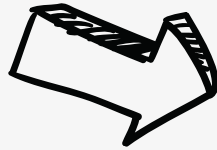


Please use link below for details of activities.

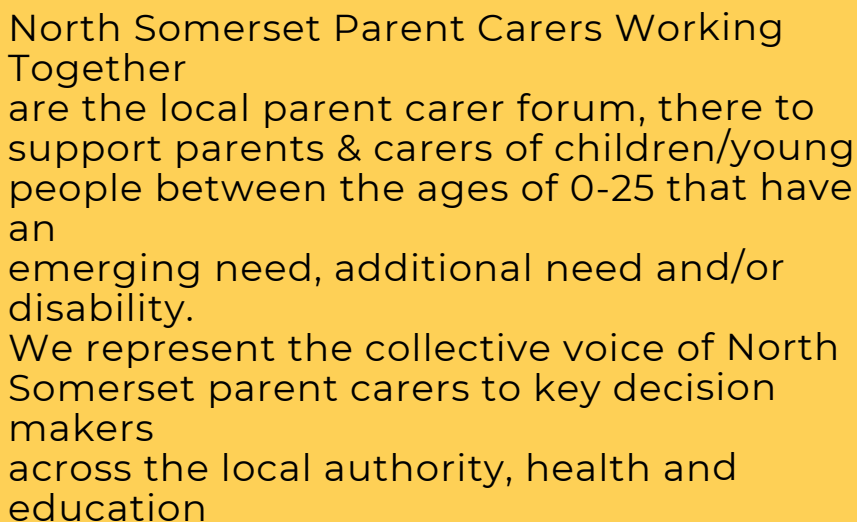
[Website here](#)



For questions call the Youth & Community Centre on **01275 842461**



[website](#)



North Somerset Parent Carers Working Together are the local parent carer forum, there to support parents & carers of children/young people between the ages of 0-25 that have an emerging need, additional need and/or disability. We represent the collective voice of North Somerset parent carers to key decision makers across the local authority, health and education



The club is aimed at families with primary school children and siblings are more than welcome to join us too. Please note that all children must be accompanied by an adult.



E-Safety

The UK Online Safety Act now requires platforms to use effective age-verification tools, ensuring children only access suitable content. Please make use of the parental controls available on apps and devices to help protect your child

Age-appropriate content and Parental Controls



Limiting harmful content

Recent regulations aim to reduce the exposure of children to harmful content like violence or self-harm, often pushed by social media algorithms. It's important to regularly monitor your child's online activity and discuss the content they interact with



New rules prevent companies from collecting data on children without consent, helping ensure privacy. Be sure to review the privacy settings on your child's apps and devices

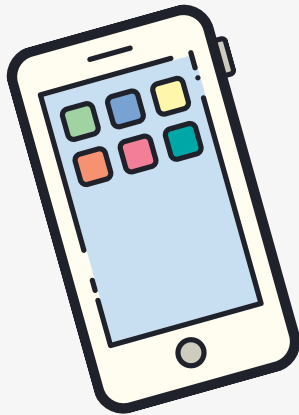
Strengthened Privacy Protections



Improved Content Moderation

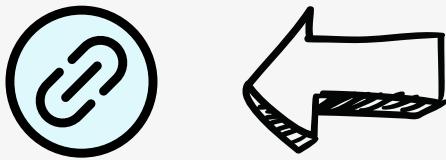
AI tools are being used to detect and remove harmful content, but parental vigilance is still necessary. Report any inappropriate content, and maintain open discussions with your child about their online experiences





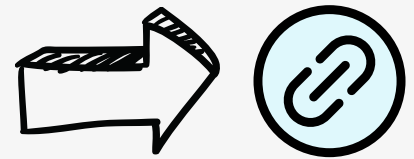
DEVICES

Hopefully you will have already seen an email sharing more information about the Smartphone Free Childhood movement including how to connect with likeminded parents in the St Peter's school community. More information and resources can be found here:



RESOURCES

Here are some excellent practical resources about parental controls for all devices including tablets and TV subscriptions:



HALF TERM ADVENTURES

Here is some inspiration for half term adventures in North Somerset and Bristol:



Free half term activities



October half term activities





Martha's Kitchen session at **Portishead Youth & Community Centre.**

Martha's kitchen is open for families with children 0 to 11 years old who would benefit from a **free cooked breakfast** and a place to relax during the School holidays. A variety of crafts will be available.



CALL TO BOOK
01275 842461



Date:

Tuesday 29th October 2024

TIME: 10 – 12 Orders for food will be taken until 11.45

VENUE: Portishead Methodist Church Hall, High Street, Portishead, BS20 6EN.

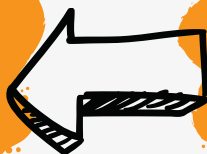
Entrance at the rear, through the Car Park

Martha's Kitchen SEND Play and Breakfast session at **Portishead Youth Centre.**

A safe space for SEND children and their families to enjoy a **Free Cooked Breakfast.**

**SEND
PLAY AND
BREAKFAST**

**Thursday
31st
October**



**10:00am
-
12:00pm**



The club is aimed at families with primary school children and siblings are more than welcome to join us too. Please note that all children must be accompanied by an adult.