



Wellbeing Newsletter

24/25 Term 4

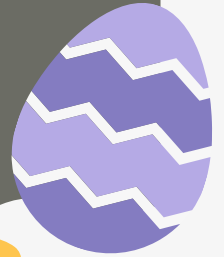
Welcome to our St Peter's CE Primary School Wellbeing Newsletter

Spring has very much arrived and with it we bring to you our term 4 wellbeing newsletter. We hope you find some useful resources included.

As always, if there is anything that you would like to talk through with the Pastoral Team, please contact us directly on:

PastoralSupportTeam@sppschoo.uk or call 01275 843 142 and ask to speak to a member of the team.

Please be assured that any information shared with us will be dealt with sensitively.



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TALKING TO CHILDREN ABOUT AUTISM



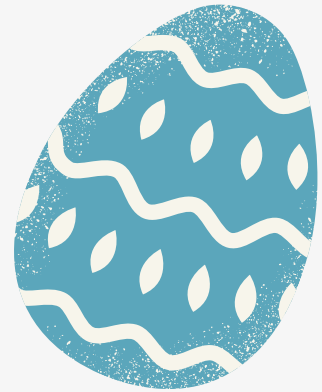
If your child has a friend or relative with autism, it can be difficult for them to understand exactly what this means. With a little help from children, families and voice actors involved in Pablo, we've collected some ideas for starting a conversation about ASD with your little one.



AUTISM AWARENESS AUTISM AWARENESS AUTISM AWARENESS



Watching Pablo together can be a useful starting point for talking to your child about how their own friends or relatives with ASD might see the world. Play [Pablo's Art World Adventure](#) together to find out more about each of the characters.



**Autism
Facts**

**Autism
Myths**





Our mission at Gympanzees is to enable every child and young person with a disability to access regular exercise, play and friendship, to improve their physical and mental health and well-being, and to take their families out of isolation.



Address:
Gympanzees
Brightside Park, Severn Bridge
Aust, South Glos
BS35 4BL



website

**Visit Bristol
Easter events**

**Visitwest - Latest
News**

website

**Practically Perfect
Mums - Things to do
over Easter**

website

website

Bristol Family Blog

website

**Down Somerset Way
- Local Guide**

**Somerset Family
Adventures**

website



CALL TO BOOK
07483932608

EMAIL
makealunchportishead@gmail.com

The club is aimed at families with primary school children and siblings are more than welcome to join us too. Please note that all children must be accompanied by an adult.

Martha's Kitchen session at **Portishead Youth & Community Centre.**

Martha's kitchen is open for families with children 0 to 11 years old who would benefit from a **free cooked breakfast** and a place to relax during the School holidays. A variety of crafts will be available.

Date:

Tuesday 8th and Tuesday 15th April 2025

TIME: 10 – 12 Orders for food will be taken until 11.45

VENUE: Portishead Methodist Church Hall, High Street, Portishead, BS20 6EN.

Entrance at the rear, through the Car Park

A safe space for SEND children their families to enjoy a Free Cooked Breakfast.

Date:

10th and 17th April 2025

TIME: 09:30 – 12:00



CALL TO BOOK
01275 842461

Martha's Kitchen SEND Play and Breakfast Session @ Portishead Youth Centre.





Staying fit and active over the holidays.



11 active ways to celebrate easter



Here at Premier Education, we're passionate about keeping kids (and adults!) active over the holidays so here's our guide to fun Easter activities which are guaranteed to keep even the most energetic little chicks busy.

Activities for kids



With Easter almost here, why not plan ahead for some active fun for your family? For the littlest Easter bunnies in your household, this is a great time to play with family members, chase down Easter eggs and, naturally, a good excuse to indulge in (almost) as much chocolate as they want!

COSMIC YOGA



CHECK OUT CAMPS
IN ACTION HERE!
SCAN QR FOR VIDEO



BOOKING FOR
SUMMER?

SUMMER CAMPS
BOOK NOW
CHECK WEBSITE TO BOOK



CAMPS

Get the
Gang
Together!
20% OFF
Groups
of 5 or more

All Staff
Enhanced
DBS
Checked

DAILY
9.30AM - 3.30PM
WRAPAROUND
8.30AM - 5.00PM

SIBLING
OR GROUP
DISCOUNTS
AVAILABLE

Ofsted
Registered
Childcare Vouchers
& Tax Free Childcare
Accepted

WHAT CAN YOU EXPECT?

Our camps are hosted by dedicated Mad Scientists that are eagerly awaiting your arrival! Suitable for all children aged 5-11.

Join us this Easter & Summer
and get stuck in to some Awe-inspiring Science
activities and experiments. There's a whole
world of Science wonderment to explore, where
no two days are the same!
Guaranteed **WOW** moments aplenty.

BOOK ONLINE TODAY

WHERE? HERE! AT YOUR SCHOOL

St. Peter's CofE Primary, Portishead BS20 6BT

EASTER • 7TH - 11TH APRIL

SUMMER • FROM 28TH JULY - FOR 4 WEEKS!

& MUCH MORE!

Check Website for Full Dates,
More Venues & Online Booking



CONTACT OUR
CAMP SPECIALISTS
01792 348205

www.madsciencecamps.co.uk

Join ParkPlay!

Make friends, have fun, get moving.

FREE every Saturday morning.

#MeetMovePlay



Portishead ParkPlay

Come and meet your PlayLeaders at Merlin Park

Every Saturday from 10:00am

ParkPlay welcomes everyone, so turn up for games, activities and fun with your local community.

Register today!

park-play.com/register

**Make friends, have fun, get moving.
FREE every Saturday.**

**ParkPlay welcomes everyone, so turn up for games,
activities and fun with your local community.**



You're invited to our Big Spring Party

**12 April
Happening at your local ParkPlay**